

better paid than the latter, and have less difficulty in finding posts.

Yours faithfully,

G. E. BARTROP.

North-Eastern Hospital for Children,  
Hackney Road, N.E.

To the Editor of the "British Journal of Nursing."

MADAM,—As one who holds both the dispenser's certificate of the Society of Apothecaries and the qualification of the Pharmaceutical Society, may I be permitted to state my views and experience on the above subject? With nothing but the former certificate I only had a position giving me a salary which, to say the most of it, could only be called pocket-money—certainly not enough to live upon. After studying further, however, and obtaining the qualification of a chemist, I obtained a post which enabled me to live. So, although by so doing I may not be considered, in Mr. Upton's courteous language, "a young woman of sense," I prefer the latter. The study and knowledge required for the qualification of the Pharmaceutical Society are far above the standard demanded by the Society of Apothecaries, which is only what can be expected when one recalls the fact that the latter demands only a six month's training (and what profession—spare the word—was ever acquired in that time), whereas the former demands at least three years' training, and one who possesses only the knowledge required by this Apothecaries' examination will have no chance of obtaining that of the Pharmaceutical Society without an extended course of study, and surely it will be allowed by most right-thinking persons that this greater stringency contributes much to the safety of the patients for whom they dispense. And here I may say that the positions I have held since qualifying as a chemist are open only to persons holding this title. There are many positions in the dispensing world open only to chemists. May I ask of Mr. Upton whether there are any positions held by assistants of the Society of Apothecaries from which a chemist would be debarred? I think not.

Miss Bartrop's letter appears to me to state the position very clearly and accurately, and although Mr. Upton says it is "untrue" and "misleading," he carefully avoids mentioning any point in which it is so, except to state that the same positions are open to holders of both certificates. This my experience proves to be wrong, and in my opinion the adjectives "untrue" and "misleading" apply rather to his own letter.

Yours faithfully,

ELSIE WARDLE, M.P.S.

Oldham.

## Comments and Replies.

*Certificated Nurse.*—We should strongly advise you to get experience in some special branch before taking up private nursing. Comparatively few hospital trained nurses get asylum training also, yet there is a demand for mental nurses qualified in this way, and they obtain good fees. Why not take up this branch?

*Miss Edwards.*—A great many of the enteric fever cases in London are now admitted into the hospitals of the Metropolitan Asylums Board instead of into the wards of general hospitals as formerly. This is, no doubt, the best arrangement for the patients, but the consequence is that nurses in general hospitals do not obtain the same experience as formerly. You should make a point of getting this elsewhere.

### NOTICE.

As a statement has been made in Macmillan's lay nursing paper that "Such an Association has been proposed in connection with the Society for the State Registration of Nurses, 431, Oxford Street, W., but has not been definitely formed," we are requested to contradict this absurd announcement. The Society alluded to is formed "to obtain an Act of Parliament providing for the Legal Registration of Trained Nurses," and for no other purpose. It has never taken any steps to form any other association, definitely or indefinitely.

## Influenza Baffled.

### APPETISING FOOD THAT BROUGHT STRENGTH.

All who have suffered during the recent epidemic will be interested to read how an Influenza patient at West Kensington built herself back to perfect health again on a diet of Grape-Nuts Food.

She writes:—"I was first induced to try Grape-Nuts Food after a severe attack of Influenza, when I was much run down and weighing only 6 stone 7 lb. instead of my normal weight of 7 stone 7 lb. After a few days on Grape-Nuts I certainly felt and looked much better, and at the end of the first fortnight acquaintances so often remarked upon my improved appearance that it became quite monotonous.

"To-day, as a worker, I cannot speak too highly of the sustaining properties of this valuable food. My weight is now quite normal, and I never felt better and stronger in my life. I have become almost a vegetarian, and when pressed for time I find a dish of Grape-Nuts Food and milk more digestible, and certainly as sustaining as any elaborate meal."

Name given by Grape-Nuts Co., Ltd., 66, Shoe Lane, London, E.C.

Food is not a question of quantity but of quality. A little food partially predigested, as Grape-Nuts Food is, often paves the road to health, because every particle of it is surely and quickly absorbed into the blood. Grape-Nuts contains the minute particles of phosphate of potash which are found in the inner envelope of the wheat and barley grains, and from which, together with albumen and water, the body rebuilds the all-important grey matter in nerve and brain cells. There's a reason for Grape-Nuts, and a ten days' trial proves.

Exquisite morsels: Grape-Nuts Biscuits and Wafers. Try them. Most grocers sell them.—Advt.

[previous page](#)

[next page](#)